

The beginning

In the summer of 2006 Mlada Zleni in association with five other young green organisations and FYEG, the Federation of Young European Greens, will organise the seminar 'Enjoy your sustainable lifestyle'.

This will take place in Czech Republic in the village of Perm alot. The aim of this project is to let young people from different countries meet and think about sustainable living.

During the week the participants will measure their ecological footprint and compare it with the one at home so they can see the difference and learn ways to reduce theirs at home.



Follow up

In April the Prep-team met at the site of Perm alot and tested sleeping in a Tipi. This was quite cold in the night but putting new wood in the furnace during the night helped a lot.

We made a great program and we would like to invite you to participate.

General information

The program will have lectures, excursion, activities, workshops and more.

The Perm alot site is very beautiful. It is an old apple orchard and is still in use. Many projects take place there every year. The accommodation will be in tipis and there is not really a shop in the neighbourhood so bring what you need with you as much as possible.

The food will be prepared on site and will be vegetarian and vegan, some help in the kitchen is very welcome as well as with some other things that need to be done during the exchange.

As stated before applications can be made via the website: www.sustainable-lifestyle.org by filling in the application form and sending it to the prep team. The participants will get 70% of their travel expenses reimbursed, but keep in mind that we will need the tickets.



The program

What can you expect:

- Lectures from experts on permaculture, philosophical background of ecology, sustainable lifestyle, local economics to get knowledge about the topics,
- Workshops to get involved more active on the topics lectured about;
- Simulation game to experience more fully extent of impact of your footprint on the rest of the world.
- International evening and organizational evening to get to know each other better;
- Excursion in the surroundings and work at Perm alot to know better where you are;
- Sports, massage, games for staying alert and relaxed;

Don't forget

What do we expect from you:

You should have some interest in the topics at hand;

You should be aged 16-26 and from partner country;

You should apply via website:

www.sustainable-lifestyle.org

Bring your enthusiasm and experience and we can have a great week!



fyeg



*Partner countries/organizations:

Czech Republic - Mladi zeleni

Germany - Gruene Jugend

Netherlands - Dwars

Hungary - ZO FI

Sweden - Gron Ungdon

Poland - Ostra Zielon

FYEG

PermaLot

EU

Contact information:

Prep team members:

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More information about the project:

www.sustainable-lifestyle.org

email: sus.lifestyle@yahoo.com

More information about the accommodation:

PermaLot, Bouzov, Czech Republic

<http://www.permalot.org/>



Enjoy your sustainable lifestyle



When: Friday 18.8.06 – Friday 25.8.06

Where: PermaLot, Bouzov, Czech Republic

For who: people aged 16-26 from partner countries*

Why: because living sustainable can be fun and you will learn why during this exchange

How: fill in the form on the website www.sustainable-lifestyle.org

